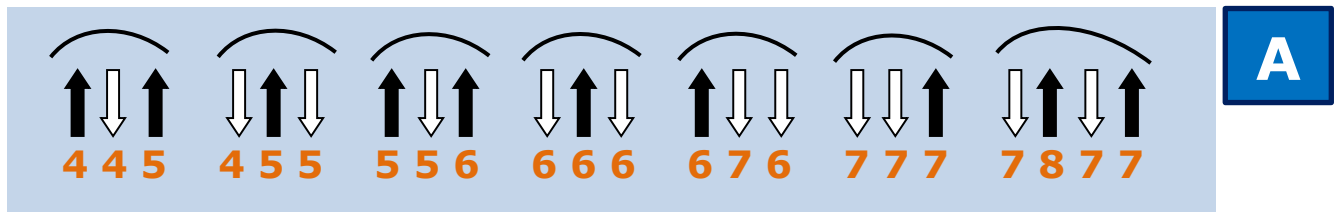


Major Scale In Triplets

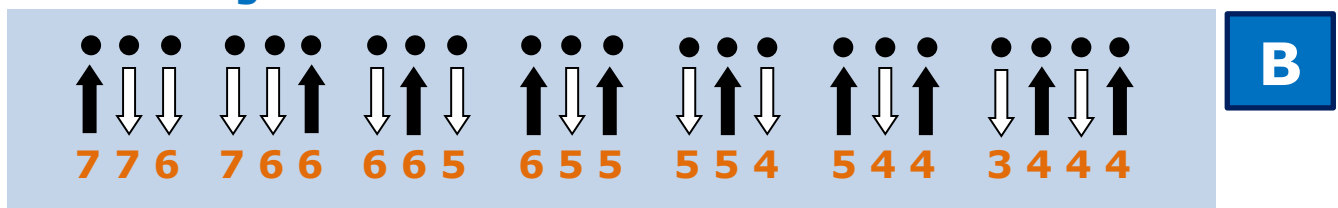
10h

Ascending



A

Descending



B

Notes

Using the major scale, we're connecting trios of notes. This is a great way to develop breath control, push-pull technique and controlled movement across the harmonica. It's closely linked to playing phrases in classical and folk music. When the exercise is played through, it becomes a fun melody.

Legato and Staccato

Using push-pull technique, play each triplet *legato* (smoothly and softly). We have added slurs to the first line to help you. Notice how your diaphragm provides the support you need. Ensure you also adopt the right hand position when you play. Now try playing the triplets *staccato* (short and sharp). We have added dots to the second line to help you. Try to keep your lips on the harmonica and use short bursts of air.

Phrasing and Jigging

Now play the triplets naturally, but emphasise the first note each time. The result should be a waltz-time sequence. Try to keep your head still, using the weight of the harmonica and the spring between your wrists to move through the pattern.

Repeated loops

To reinforce your movement on the harmonica, select individual trio sections and use them to play repeated loops. Weight the first note as you go, keeping a waltz-time delivery. How does this affect your embouchure? Can you feel your diaphragm working? How many loops can you repeat with one breath? Control is everything. If things get too wild or erratic, slow down, refocus and start again. Eventually, see if you can speed up, while still keeping control.